

The PROGRAM

“It’s About Change”

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DIRECTORY ANNUAL REPORT 2006-2007

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The PROGRAM – “It’s About Change” SITE LOCATIONS

**Community Center –
Houses Administrative Offices, Programming and Services**
1515 Derry Street, Harrisburg, PA 17104
Office Hours: 8:00 a.m. to 4:00 p.m. Monday through Friday
(717) 238-9950
Fax: (717) 236-3585
theprogram@epix.net

**Promise Place –
12 Bed Transitional Living Facility for Women**
381 S. Second Street, Steelton, PA 17113
Residential Facility open 24-7
(717) 985-6440
Fax: (717) 985-9235

**Woodside Family Center –
Female Work Release Center operated by The PROGRAM
for the Dauphin County Prison Board**
451 Mall Road, Harrisburg, PA 17111
Residential Facility open 24-7
(717) 558-9871
Fax: (717) 558-8402
wfc1@epix.net

PROGRAMS & SERVICES:

- Children’s Programming – Saturday Sessions – Teaching mothers how to spend quality time with their children by participating in six sessions of various activities in the community.
- HIV/AIDS Prevention Education – Providing the basic facts of HIV/AIDS to women and adolescents in an effort to reduce their risk of contracting the disease. In addition, clients are able to receive confidential one-on-one sessions to be encouraged to adopt healthier life styles relative to abstaining from unprotected sex and/or drug/alcohol abuse.
- Pre-Release Services – Providing counseling and conducting life skills classes in the Cumberland and Dauphin County Prison in an effort to assist women inmates with readying themselves to be released into the community.

- After-Care Services – The staff maintain contact with women released from prison to provide support services in an effort to help them stay crime free.
- Residential Services – The PROGRAM provides both an alternative to incarceration program for women serving county time in a work release facility, and a transitional living facility for women in need of structure and support after their release from prison and/or a treatment facility.
- Counseling & Case Management Services – The PROGRAM staff provide general counseling and case management services for adult women offenders to assist them with their problem areas, act as advocates, and refer them to other community resources.
- Juvenile Case Management Services – The PROGRAM works with local County Juvenile Probation and provides counseling, monitoring, and curfew monitoring for female and male adolescents involved in the juvenile criminal justice system.
- Job Readiness/Job Search & Employment Placement – All clients of the agency receive training in the area of seeking employment; creating resumes and cover letters; coaching on how to handle the offender issue on job applications and interviews; and staff develop relationships and networks with area employers to place offenders in jobs.
- Education & Computer Training – The agency collaborates with the local Community College and provides tutoring and academic remediation in an effort to assist those clients with working towards attaining their GED. The agency has a computer lab and clients are able to learn to become computer literate as well as master several other software programs if they desire.
- Life Skills Training – Specific topics and areas of interest to ex-offenders are developed and presented to agency clients relative to budgeting, self-esteem, parenting, anger management, decision making and etc. to assist them with focusing on their issues.
- Crisis Intervention & Housing Assistance – The PROGRAM provides emergency assistance to those clients in need of food and shelter by referring them to the appropriate community resource for assistance. The PROGRAM also assists those residents with housing searches in an attempt to find them affordable and safe housing.

The PROGRAM plays a significant role in the community in providing services to ex-offenders which some term as an unpopular and disadvantaged segment of the population.

These services support the community in reducing recidivism, reducing crime, removing people from the welfare rolls to the tax rolls – thus improving the economy. In addition, our programming and services are considered prevention and

intervention as we work with youth in an effort to afford them an opportunity to stop their dependent behaviors.

The PROGRAM collaborates within the community and networks with over 50 other community agencies to refer the agency's clients for supplemental services. The agency also recruits volunteers and student interns from area colleges and universities.

The PROGRAM not only provides unique and specific services to women, children, and families involved in the criminal justice system, but does so with a caring, compassionate, cultural diversity manner to assist those committed in becoming productive and successful.

The PROGRAM's Funding Sources

The United Way of the Capital Region
The United Way of Carlisle & Cumberland County
Human Services Development Funds of Dauphin & Cumberland Counties
Family Health Council of South Central PA, Inc.
Dauphin County
Churches
Civic Clubs
Private Organizations
Private Donors

The official registration and financial information of The PROGRAM "It's About Change" may be obtained from the Pennsylvania Department of State by calling toll free within Pennsylvania 1-800-732-0999. Registration does not imply endorsement.

AGENCY HISTORY

ANNUAL REPORT 2006-2007

The PROGRAM for Female Offenders, Inc. of the Greater Harrisburg Area was established in 1979 at the request of then Attorney General LeRoy Zimmerman. The PROGRAM is independently incorporated and funded and was an affiliate of The PROGRAM agency in Pittsburgh, which opened its office in 1974. Over the years, additional affiliate agencies have been implemented throughout the state and internationally in Israel.

The original goal of The PROGRAM in Harrisburg was to help women in the criminal justice system secure job training and/or employment. In the 1980s the staff noted, due to early substance abuse and the effect of mandatory sentencing laws, women in prison were younger and less likely to possess the daily living and coping skills essential for survival. A life skills training course was developed to habilitate clients and provide them with these basic skills.

The staff provides supportive counseling in Dauphin and Cumberland County Prisons and community-based job search and placement assistance at the agency's Community Center with continued support from the United Way of the Capital Region and the United Way of Carlisle and Cumberland County. Each year over 175 women are placed into employment positions, networking with over 160 employers.

As the number of women in the criminal justice system has grown, so have the services offered by The PROGRAM. The menu of services today not only includes the original supportive counseling and employment services, but also includes HIV/AIDS education, life skills training, substance abuse case management services, academic remediation/GED tutoring, and alternatives to prison, including day programming, work release, transitional residential services, and children's programming.

In the past few years the staff has counseled two and sometimes three generations of women in the criminal justice system in order to proactively intervene in the intergenerational nature of crime, and, as a result, three programs were designed to impact children of women offenders.

Life Is Nurturing Kids (L.I.N.K.) is a mentoring program which matches an adult community volunteer who serves as a mentor for a child whose mother is incarcerated. The PROGRAM was the first agency in Dauphin County to receive a Children's Trust Fund grant to implement this project.

With its immediate success, the agency developed a second program titled **KIDS ARE THE KEY** which creates a positive, supportive atmosphere for the growth of children referred by Children and Youth Services in need of social skills development and self-esteem. These children receive homework and tutoring assistance, creative expression through arts and crafts, and cultural field trips. The curriculum teaches a violence prevention message, communication, and coping skills. This program began

in 1995 and now has an average of 10 to 12 pre-adolescents participating on a daily basis after school.

The third children's program, which was developed by the Pittsburgh PROGRAM office in September 1996 and is currently funded by the United Way of the Capital Region, is **Saturday Sessions**. Children and their mothers visit at the Community Center on Saturdays and participate in educational activities utilizing the computer, field trips, and group activities. Mothers are encouraged to advocate for their children within the school system and become more involved in their children's academic development.

From January 1996 through March 1997, The PROGRAM staffed **House of Hope**, a new therapeutic community located on site at the State Correctional Institution (SCI) in Muncy, Pennsylvania. Women inmates who were victims of sexual assault or domestic violence received therapy and counseling by The PROGRAM and prison staffs while residing in this therapeutic community. This innovative and exciting project was initially funded for one year by the Pennsylvania Department of Corrections for implementation by The PROGRAM. The Muncy SCI staff continues to operate this successful and essential program for women inmates today.

In an effort to alleviate prison overcrowding in Dauphin County, The PROGRAM was awarded a contract by the Dauphin County Prison Board to operate a work release program for women and their children. The **Woodside Family Center** opened its doors in July 1996 and offers an alternative to incarceration to eligible selected women from the Dauphin County Prison who are approved for transfer to participate in programming. More than 1,100 women and 137 children have been served to date. Women residents are employed, attend school or training programs, receive life skills, and volunteer in the community.

Located in a 9,000 square-foot, one-story, brick building at 451 Mall Road in Swatara Township, the Woodside Family Center's immediate neighbors are the Dauphin County Prison and the Harrisburg Mall. Formerly the Woodside Juvenile Detention Center, the Woodside Family Center accommodates up to 45 women and several of their pre-school-age children.

Capital Area Head Start operated an on-site day care center for the pre-school-age children of the women residents from 1996 to 2004 and continues to provide services to the residents' children at their own site, which they transitioned to in December 2004. In addition they continue to provide on-site parenting training to all residents of the facility. **Parent Works, Inc.**, formerly known as the Children's Play Room, Inc., provided parenting education and training both on and off site to all residents and their children residing at the Woodside Family Center from 1996 to 2003.

In 1999 the **Escape Center** began providing parenting training to women residents who are mothers in need of one-on-one support.

Since the latter part of 1996, The PROGRAM had been involved in informal merger discussions with **Promise Place**, a non-profit organization that had operated a half-way house since 1994 for women released from prison.

After formal merger discussions relative to sharing similar missions of breaking the cycle of crime involving women and their children, The PROGRAM and Promise Place envisioned the importance of collaboration in order to reduce duplication of services and competition for the same program dollars and merged together. Effective October 1, 1997, The PROGRAM assumed the responsibility of operating Promise Place, and now provides a continuum of care service for women offenders released from incarceration and/or for rehabilitation.

Located in Steelton, Pennsylvania, Promise Place provides transitional living services in a residential setting for up to 12 women in need of structure and a safe haven to remain crime and drug free. Women residents become employed and are able to participate in optional spiritual development while rebuilding their lives. One aspect that has been determined to contribute to the continued success of Promise Place residents is the foundation of a positive support network that is developed during programming through services provided by various community agencies and volunteers.

During 1998 The PROGRAM was awarded a competitive grant contract through the Department of Public Welfare's **Community Solutions Program** (a welfare-to-work initiative) to serve women who are receiving cash assistance. The PROGRAM provided academic remediation, GED tutoring, life skills, vocational training, and job placement. Agency staff was excited and challenged to have been a part of the new re-enacted welfare system and looked forward to helping women welfare recipients become self-sufficient. The PROGRAM's Community Solutions Program ended in 1999.

The PROGRAM continues to administer the **Special Transitional Actions to Restore Talents (START)** project with foundation funding to assist women who are beginning new jobs or need assistance to maintain employment with financial assistance to secure housing, child care, medical emergencies, and job-related expenses. The START project has been an excellent avenue in empowering women to become responsible, family-oriented, independent, and productive members of society.

During November 1998 The PROGRAM secured a contract with Dauphin County Juvenile Probation to provide an **Intensive In-Home Program** for up to 20 female juvenile probationers.

A juvenile case manager coordinator insures that each child's individual program reflects the principles of Pennsylvania's new juvenile justice philosophy, "Balanced and Restorative Justice Approach," relative to community protection, accountability, and competency development.

In June 1999 The PROGRAM completed a real estate acquisition and purchased its own building located at 1515 Derry Street in the South Allison Hill District in Harrisburg, Pennsylvania. The building, referred to as the Community Center, was purchased from H.B. McClure Company. It is an 8,000 square-foot, three-story building with three parking lots. It provides ample office space and houses the administrative offices, training center, and other client-related services for women, as well as a children's program area.

In October 2000 The PROGRAM received additional funding from the United Way of the Capital Region's Venture Grant and the Foundation of Drug Abuse to begin **Step Out/Step Up Mentoring Program** in initial collaboration with the YWCA of Greater Harrisburg. The objective of the program was to empower women offenders and women in recovery from drug/alcohol abuse. Each woman (protégé) was matched with a network of professional women referred to as a Success Team. The Success Teams mentored women in areas of careers, employment, training, and creation of a positive self-image, and were further provided with other tools necessary to live lifestyles free of criminal behavior and substance abuse. Since its ending after the funding period, mentoring initiatives are now provided on an informal after-care level.

During 2001 an anonymous donor presented The PROGRAM with \$5,000, which assisted the agency in establishing an Endowment Fund with the Greater Harrisburg Foundation. The PROGRAM must contribute to the fund in order to reach \$10,000 by 2007.

After securing a \$20,000 grant during 2001 from the Whitaker Foundation, The PROGRAM has purchased state-of-the-art computers, software, and other relevant training equipment and materials for its new and modern **computer lab**.

Agency participants receive computer skills training with open enrollment and open classroom training opportunities. Computer literacy and proficiency are increasingly the "keys" to obtaining and maintaining long-term gainful employment in today's job market. The PROGRAM was very fortunate to find an agency volunteer with technical expertise relative to computers, internet, and web page design.

In addition, agency clients now utilize the internet to apply for employment opportunities. The formalized skills training will increase the employability of the clients by enhancing their skill levels, and prepare them for employment positions in the "technical offices of businesses" in the employment sector. GED software programs are also available for clients studying to attain their GED. Harrisburg Area Community College (HACC) and Tri-County Opportunities Industrialization Center (OIC) provide certified instructors to assist agency clients with their educational instruction.

This project will ultimately enable women offenders to end the cycle of crime and become economically self-sufficient and live productive, alternative lifestyles, thus abandoning criminal and welfare-dependent lifestyles.

The PROGRAM received a three-year grant, beginning July 1, 2002, from the Pennsylvania Commission on Crime and Delinquency (PCCD) in conjunction with Dauphin County Mental Health/Mental Retardation to provide **Post Traumatic Stress Disorder (PTSD)** education and training to counseling and human service professionals in Dauphin County who are serving women at risk.

Beginning January 2003 The PROGRAM has been approved by the Dauphin County Juvenile Probation Department to submit a new project proposal to provide **Detention Alternative Programming (DAP)** for male and female juveniles in addition to the current in-home project for female probationers.

This additional component, a detention alternative, will be available for youth (male and female) who are not yet adjudicated delinquent but have a pending court disposition. This detention alternative will enable The PROGRAM to provide extensive and multiple levels of services to males and females, with one-to-one case management in the home, curfew checks, and home visits for up to 90 days. DAP provides a detention alternative level of service to juveniles involved in delinquent offenses, thus enabling them to remain in the community under supervision.

Effective January 1, 2003, The PROGRAM has been approved to become a subcontractor of the Pennsylvania Department of Health to administer voluntary **HIV/AIDS Testing and Counseling** on site for any agency clients. Such clients will be administered the Ora-sure Test and subsequently will receive counseling with the results. Clients testing positive for HIV/AIDS will then be offered Education/Risk Reduction activities to decrease the likelihood that they will infect future partners or become re-infected themselves. Testing goals include expanding the number of female women and adolescents who voluntarily participate in testing through the provision of expanded HIV/AIDS Preventive Case Management activities.

During the latter part of 2004, The PROGRAM received funding from the United Way of the Capital Region to provide **Frank Talk** sessions to male adolescents receiving case management services through the DAP in conjunction with the Dauphin County Juvenile Probation Department. Adult males are recruited from the community to meet with these young males to participate in frank discussion issues relative to fatherhood, criminal justice issues, drug abuse, career planning, health, and other related topics. The objective of Frank Talk is to promote communication between these male youths and adults to share their experiences and learn from each other.

The PROGRAM is funded by the United Way of the Capital Region, the United Way of Carlisle and Cumberland County, Human Services Development Funds of Dauphin and Cumberland Counties, grants, local/county/state contracts, foundations, churches, civic clubs, organizations, private donors and benefactors, and The Foundation for Enhancing Communities.

The PROGRAM's staff has grown from a two-person office to more than 20 dedicated and compassionate employees and an additional corps of caring community volunteers.

The PROGRAM and its staff have been recognized and hailed as leaders in the field of rehabilitation and unique programming for women and children at risk.

ISSUES FACING FEMALE OFFENDERS ANNUAL REPORT 2006-2007

Our Mission

“To serve and support individuals involved with the criminal justice system, primarily women and children, to prevent recidivism and promote productive crime-free lives.”

Our Services

The PROGRAM serves female offenders as well as women struggling with issues of chemical dependency in Dauphin and Cumberland Counties.

The PROGRAM offers programming for:

- At-Risk Children – Saturday Sessions
- Juvenile Offenders – Treatment and Detention Alternative Programs

The PROGRAM serves the women at three agency sites:

- Community Center – Day Programming
- Woodside Family Center – Work Release
- Promise Place – Transitional Living

Additionally, The PROGRAM provides services in Dauphin and Cumberland County Prisons as well as designated community outreach locations.

Our Motive

Historically, correctional systems/programs have been designed to serve the predominately male offender population, often missing the multi-dimensional problems that form the context for women’s criminal behavior.

Our services complement those traditionally provided by the Criminal Justice System to better prepare women to achieve and maintain self-sufficiency upon their release.

The Female Offender

Like male offenders, the majority of female offenders nationally are:

- Low-Income
- Disproportionately African American or Hispanic
- Under-Educated
- Unemployed
- Unskilled
-

What Distinguishes the Female Offender from the Male Offender?

Women are often trapped in a cycle of homelessness and crime, necessitating, in some circumstances, “survival crimes.”

Factors

Although male offenders experience some of the same problems, several factors set the needs of female offenders and their criminal behavior apart. These include prevalence of:

- Addiction
- Homelessness
- Physical and Mental Illness
- Physical and Sexual Abuse
- Poverty
- Unemployment

Who Are Female Offenders?

- Young mothers faced with the trauma of threatened separation from their children
- On the average, 25 to 29 years of age
- Single heads of households
- Have an average of two dependent children (2/3 of incarcerated women have children under the age of 18 years)
- Majority have histories of substance abuse
 - Almost half (46%) of women in prison had been using drugs, alcohol, or both, at the time that the imprisonment offence occurred.
- Majority have histories of sexual abuse
 - More than one-third (36%) of adult female offenders have been abused sexually at one time in their lives.
- Majority (more than half) have experienced physical abuse at some point in their lives
- Nearly one-third never completed high school
- Significant numbers have unstable employment records
- Many are homeless
- High prevalence of chemical dependency
- Many suffer from MH/MR issues
- Overall poor health, including problems such as TB, hepatitis, and STDs

Pressing Issues for the Female Offender in Dauphin County:

- A shortage of affordable and safe housing
- Criminal record is a barrier to employment
- Maintaining employment (transportation, childcare, etc.)
- Remaining “clean”
- Anger/emotion management
- Access to health care, including obtaining necessary medications

- Difficulty navigating public benefits
- Money management (budgeting, poor credit)
- Poor self-esteem
- Regaining custody of her children
- Improving parenting skills
- Gaining more independent living skills
- Difficulty changing past behaviors, peer groups, and physical environment

Final Thoughts

“When a man goes to prison, he loses his freedom, but when a woman goes to prison, she loses her children.”

Sources

American Correctional Association
Bureau of Justice Statistics
National Council on Crime and Delinquency
U.S. Bureau of the Census

COMPREHENSIVE RISK COUNSELING SERVICES

*Reneé Hartford, President
Hartford Consultants*

The following is a brief description of the Comprehensive Risk Counseling Services (formerly known as Prevention Case Management) and Group Level Intervention sessions in which clients were participants:

First Session:

The client intake lasts between two and three hours. All intakes include a full medical history, contraceptive usages, sexual activities, drug/alcohol history, mental health issues if any, and an emotional profile.

A pre-test is administered. This is a written assessment of the individual's personal knowledge about HIV/AIDS.

Second Session:

This involves developing a "Plan of Action" which is a written personalized plan to address, with the ultimate goal of changing high risk behaviors. This phase includes the development of a "time line" to assist the client with staying on track. During this session, information is also being extracted to give a fuller picture of the client's past lifestyle experiences by interacting at the client's comfort level. The key to all of this is to develop a trusting relationship with the client while nurturing a positive rapport with the client.

Additional Services Provided:

Sessions provide pertinent HIV/AIDS prevention education and risk reduction services and is individually focused and client driven.

The Consultant acts as the liaison with appropriate medical professionals and community based agencies to insure continuity of care and access to available resources.

For HIV positive women, the Consultant provides assurance that this demographic of clients gets the best possible care available, as well as provides other support services as needed.

Important Note:

Understanding the importance of this information and its life altering effects, every effort is made to do the following:

1. Utilize visual and audio aids.
2. Make sure materials used are appropriate and are gender as well as culturally sensitive.

Title: HIV/AIDS and You**Summary:**

Participants completed a written pre/post test on HIV/AIDS. Then they discussed the test answers which led to a rap session about STD's, Hepatitis B and C, and HIV/AIDS. The women talked about the high risk behaviors no one thinks about and the medical ramifications of STD's on the human body as well as the relationship STD's have with HIV/AIDS and Hepatitis B and C. Additional conversations included how HIV/AIDS affects one's family and loved ones and how having pertinent information and education empowers them as women.

One of the modalities utilized in these sessions was a group exercise that traced the path of infection for individuals who participate in high risk behaviors.

Informational and educational brochures and other written materials were available on topics that included Chlamydia, Hepatitis B and C, herpes, syphilis, genital warts, gonorrhea, and human papillomavirus. In addition, testing information and site locations were provided along with brochures from Planned Parenthood.

Title: HIV/AIDS Role Play**Summary:**

Understanding that human beings express themselves in a myriad of forms, the activities in these groups reinforced their HIV/AIDS education and risk reduction experience by providing a more creative experience.

The first exercise was for each woman to design a personal crest. The crest was a drawing representing who they are and five things that they value in life. The objective of this exercise was to have them look at the positive images they have of themselves and the things they value most in their lives. It also involved taking a look at how their high risk behaviors can, and do, affect the things they value the most, including the residual effects of those said behaviors.

The role playing exercise titled "The Church" focused on eleven players as church members, ages 16 to 67 from all walks of life. The objective was to show participants that HIV/AIDS effects/infects everyone in the community by taking a realistic look at the stigma, the lack of basic HIV education, STD's, high risk behavior (sex, drugs, alcohol) and age. Hopefully, this helps people to take a personal inventory and internalize the reality that "this can happen to me".

Title: HIV/AIDS and Relationships

Summary:

In this session, the women were each asked to write a personal advertisement to attract a relationship partner. There were two parts to this exercise. The first part was for each of them to describe themselves – physically, their interests, likes and dislikes, hobbies, goals, and other pertinent information. The second part was for each woman to describe in the ad the attributes they are looking for in a partner such as the person's appearance, social life style, likes and dislikes, interests, hobbies, temperament, and sexual habits (condom use or feelings of abstinence), whether the individual smokes, drinks, uses drugs, are they vegetarians, etc.

The next step was to compare the information with the characteristics of their past partners and to have them explore why these particular characteristics listed in the ad was meaningful to them.

The objective of this exercise was to prompt them to realize that they have the power to say no, to say what they want and need in a relationship, and to empower them to refuse to tolerate behaviors that are counter-productive to outcomes for the woman.

Group Level Intervention (GLI):

Topics:

STD's
HIV/AIDS and You
"The Church" – How HIV/AIDS and STD's Impact All
Is he Mr. Right? Limiting your Sexual Encounters
STD Rap Session

Prevention Case Management (PCM):

Demographics:

Race:	Number of Clients:
African American	39
Caucasian	26
Hispanic	7
Other	6

Age range:	Number of Clients:
0 – 14	0
15 – 19	1
20 – 29	21
30 – 39	24
40 – 49	32
50 +	2

HIV/AIDS Testing & Counseling Services

The PROGRAM is contracted by the Pennsylvania State Department of Health (DOH) to administer voluntary HIV/AIDS testing and counseling services to individuals interested in becoming aware of their "status".

During the fiscal year 197 tests were performed by the agency's Test Coordinator.

PRE-RELEASE & AUXILIARY SERVICES ANNUAL REPORT 2006/2007

Jessica Doody, Manager

Community Center:

A total of 195 women were served during FY 2006/2007 at The PROGRAM's Community Center.

A total of 293 various advocacy services were provided to The PROGRAM's Community Center clients.

Referrals, Applications & Information Services were provided as follows:

HELP Office	11
MH/MR	10
Mission of Mercy	7
Medical Outreach	8
Drug & Alcohol	4
YWCA	1
Promise Place	2
Hope House	1
RASE House	1

HIV Services:

HIV Testing	8
Post Counseling	5
HIV Intakes	3
HIV Counseling	30
HIV Incentives	3

Life Skills Groups for the Year Include:

Setting Goals	Decision Making	Time Management
Money & Budgeting	Managing Credit	Communication Skills
Conflict Management	Self Esteem	Exploring Current Events
Create Life Maps	Job Searching	

Dauphin County Prison:

A total of 194 women were served during FY 2006/2007 at Dauphin County Prison. A total of 250 individual counseling sessions were conducted with Dauphin County Prison female inmates.

A total of 282 various advocacy services were provided to Dauphin County Prison female inmates.

Referrals, Applications & Information Services were provided as follows:

Help Office	3	Hope House	3
MH/MR	2	Section 8	3
Drug & Alcohol	2	Low Income Housing	1
OVR	12	RASE House	3
Promise Place	9	Salvation Army	1

Monthly Statistics for Dauphin County Prison

Month	New Prison Clients	Number of Clients (Individual)	Number of Group Sessions	Number of Group Participants	Requests Served	Information & Referrals
July	12	12	2	48	58	5
August	7	7	2	40	57	3
September	15	20	2	44	82	1
October	19	30	2	84	98	0
November	2	18	1	44	0	0
December	3	0	1	7	40	0
January	8	9	4	30	65	2
February	26	27	3	43	84	2
March	30	27	3	31	69	3
April	28	40	3	20	74	1
May	21	29	1	6	72	0
June	23	31	2	12	90	3
TOTALS	194	250	26	409	789	20

Life Skills Groups for the year include:

HIV Facts	Conflict Resolution
HIV Awareness	Self Esteem
Etiquette	Job Application
Setting Goals	Interview Skills
Decision Making	Answering The Felony Question
Housing Options	Healthy Relationships
Money & Budgeting	Resume Writing
Managing Personal Credit	Self Worth & Confidence
Communication Skills	

Cumberland County Prison (CCP):

A total of 40 women were served during FY 2006/2007 at Cumberland County Prison
 A total of 10 individual counseling sessions were conducted with Cumberland County Prison female inmates.

A total of 14 various advocacy services were provided to Cumberland County Prison female inmates.

Referrals, Applications & Information Services were provided as follows:

OVR	4	Section 8 Housing	2
Hope Station	14	RASE House	1
The PROGRAM	40	Hope House	1
Promise Place	1	Schooling	1

Monthly Statistics for Cumberland County Prison

Month	New Prison Clients	Number of Group Sessions	Number of Prison Clients	Requests Served	Information & referrals
July	10	2	11	2	0
August	3	3	7	3	0
September	2	2	4	7	0
October	0	1	4	2	0
November	0	0	0	0	0
December	0	0	0	0	0
January	2	1	2	0	0
February	6	3	9	0	4
March	4	2	6	2	0
April	3	3	4	0	4
May	5	2	8	0	5
June	5	2	6	0	6
TOTAL	40	21	61	16	19

Life Skills Groups for the year include:

- | | |
|-------------------------------|-------------------------|
| Answering the Felony Question | Managing Money & Credit |
| Self Esteem | STD's |
| Healthy Relationships | PTSD |
| Decision Making | HIV/AIDS |
| Job Application | Etiquette |
| Résumé & Cover Letters | Personality |
| Setting Goals | Maintaining a Home |

Cumberland County Community Outreach – Safe Harbor:

A total of 31 women were served during FY 2006/2007 at Safe Harbor.

Referrals, Applications & Information Services were provided as follows:

Hope Station	6
The PROGRAM	31
Cyberspace Classes	2

Monthly Statistics for Safe Harbor

Month	New Clients	Number of Group Sessions	Number Group Participants	Information & Referrals
July	10	1	10	0
August	3	1	8	0
September	0	0	0	0
October	6	1	10	0
November	0	0	0	0
December	0	0	0	0
January	0	0	0	0
February	0	0	0	0
March	0	0	0	0
April	8	2	9	2
May	2	1	6	2
June	2	2	7	2
TOTAL	31	8	50	6

Life Skills Groups for the year include:

Money & Credit	Healthy Relationships
Self Esteem	Setting Goals
HIV/AIDS	STD's

Outreach Services:

Correspondence, Referrals, Applications & Information Services were provided to female offenders at the following Correctional Facilities:

Albion Correctional Facility	2
Cambridge Springs Correctional Facility	3
Muncy State Correctional Institution	4
Graterford State Correctional Institution	1
Alderson State Correctional Institution,	1

EMPLOYMENT, PROGRAMMING, and TRAINING ANNUAL REPORT 2006-2007

Donna Lattimore, Manager

GED and Continuing Education:

In the twelve months of fiscal year 2006/2007, which covers July 1, 2006 through June 30, 2007, a total of sixty-four clients participated in GED classes offered at The PROGRAM's Community Center, Woodside Family Center, OIC, and PA Literacy Council. Three students obtained their GED. The remaining students have since been released or are currently taking classes.

Employment Activities/Life-Skills for the year included:

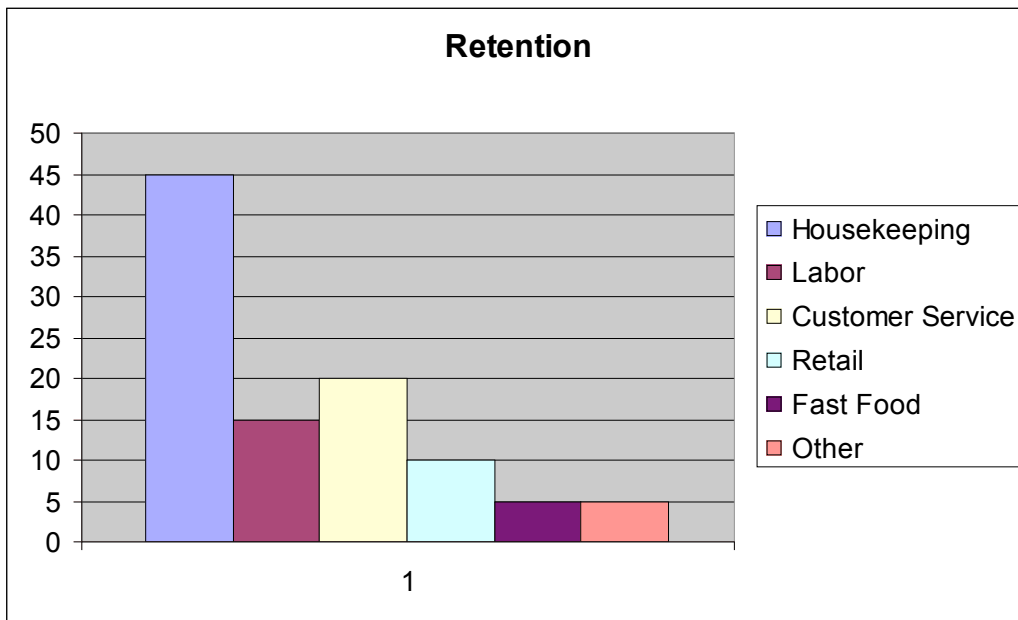
- How to accurately complete employment applications
- How to prepare resumes, cover letters, and thank you letters
- Mock Interviews
- Telephone Etiquette
- Dressing for Success
- Effective Job Search
- Explaining Criminal Past
- Basic Computer Training
- Organizational Skills/Budgeting

Employment:

A total of one-hundred ninety-five women entered the program during July, 2006 and June, 2007 and received job placement assistance from The PROGRAM's Community Center component.

One-hundred and ninety-five full and part time job placements represented the following industries:

1. Fifty (50) women were employed in the Food Service Industry
2. Fifty-five (55) women were employed in the Labor Industry
3. Twelve (12) women were employed in the Retail Industry
4. Twenty (20) women were employed in the Customer Service/Telemarketing Industry
5. Fifty (50) women were employed in the Hotel/Housekeeping Industry
6. Six (06) women were employed in the Child Care Industry (one of whom is now the Assistant Director)
7. Two (02) women were employed in Allied Health Fields



The salaries range from \$2.83 to \$22.75 per hour, with an average wage of \$7.20 per hour, which is above the Federal Minimum Wage of \$7.15 an hour. Thirty-six of the clients employed to date, are eligible to receive benefits through their employers. The retention rate is approximately 80%, up from the previous year of 74%. As shown on the above graph, the majority of clients who were hired as housekeepers, remained in their positions for at least three months after being released. Two clients have remained employed in the customer service field for more than a year and both now have supervisory positions. Some factors that have lead to this increase include better wages, health benefits, job readiness, and clients wanting to lead productive lives.

New Contacts include:

1. State Café – located on the 8th floor of the Social Security Administration Building
2. Styles West – Harrisburg Mall
3. Fairview Inn
4. Salvation Army Store – Mechanicsburg
5. Strawberry Garden Preschool
6. Firehouse Restaurant – Hummelstown
7. Price Rite – Union Deposit
8. Advance Cleaning
9. Ranstad
10. American Eagle Outfitters
11. Spring Creek Nursing Facility
12. Dunkin Donuts – Paxton Street
13. Maria’s Catering
14. Civic Development Group

15. Mexican Fiesta
16. Riverview Diner
17. Pride of the Neighborhood
18. Ramada Inn
19. Union Canal House
20. Big Lots
21. Day Force Staffing
22. A Personnel Connection
23. Panera Bread – Hummelstown
24. Chuck E. Cheese – Union Deposit
25. Coverall Cleaning

The PROGRAM has a total of two hundred and twenty-five employer contacts.

Goals achieved for 2006-2007:

A more effective job readiness curriculum was developed and implemented that includes a partnership with Dress for Success of South Central PA. Also, a life-skills instructor has been recruited to assist with job readiness classes.

The PROGRAM has linked with Capital Area Computer Project who has provided us with new computers and software to help enhance the computer training classes and to better serve our clients.

A National HIV Testing Day/Job Fair was held that brought in over fifty clients; thirty of whom were tested for the HIV virus. Several clients, both residential and community received offers of employment as a result of the Job Fair.

Goals for 2007-2008 include, but are not limited to:

Continuing with goals that have already been met and working to increase their effectiveness, such as:

- Hands-on learning
- Advanced computer training
- Career development
- Hosting in-house job fairs

Working closely with support staff to develop a system that will allow us to accurately track a client's activity for up to twelve months in an effort to reduce recidivism and increase job retention.

Create mock employment settings (i.e., set-up a job search area as an office or a store so that clients can play employer, employee, customer, etc.). This will allow them to view their jobs from all angles and help them become better employees.

A culmination of these activities, along with staff and community support will help to increase The PROGRAM's retention rate and reduce the recidivism rate. More

importantly, these activities will help our clients become better employees so that they can lead crime and/or drug-free lives and build stronger families.

Special Initiatives:

Through funding from the Family Health Council of Central PA (FHCCP), this program provided group education presentation to juveniles ages ten through eighteen. This programming included a risk-reduction component to discuss basic HIV/AIDS facts, healthy living, teen pregnancy, drugs and alcohol, teen violence, date rape, and STD's.

HIV Testing:

A total of sixty-three HIV tests were administered to clients during the past year. Thirty-one of the tests were administered during the National HIV Testing Day held at The PROGRAM's Community Center on June 27, 2007. To date, there are zero positive results. Over two hundred condoms were distributed to clients along with information on HIV/AIDS, condom use, and STD's.

WOODSIDE FAMILY CENTER

ANNUAL REPORT 2006-2007

Valerie G. Simmons, Administrator & CEO

Woodside Family Center Program Description:

The Woodside Family Center continues to serve as an alternative to incarceration and provides structured work release programming and activities to women offenders and their children since its opening on July 22, 1996.

Operated by *The PROGRAM* for Female Offenders, Inc. for the Dauphin County Prison Board, the Woodside Family Center provides unique opportunities for women offenders to resolve issues that brought them into conflict with the law and to become productive while serving time.

Any non-violent female offender sentenced to the Dauphin County Prison is initially eligible for the work release program. Woodside Family Center residents adhering to the rules and regulations and who actively participate in formal programming gradually earn levels of privileges. These privileges can include leisure activities and special community release activities within the community for residents to begin to adapt a beneficial lifestyle, in an effort to remain crime free.

Formal Programming and Services:

- ✕ Life Skills Training
- ✕ Computer Classes
- ✕ In-Center NA/AA Groups
- ✕ Counseling and Case Management
- ✕ Community Volunteer Service Projects
- ✕ Job Readiness Training/Job Search/Job Placement Assistance
- ✕ GED/Tutoring
- ✕ Voluntary Bible Studies
- ✕ Parenting / Nurturing Sessions
- ✕ HIV/AIDS Prevention Education
- ✕ Community Therapeutic Participation
- ✕ Saturday Sessions Programming for Mothers/Children

Resident Population Summary:

A total of two hundred (200) women were served by the Woodside Family Center. Of those two hundred (200) women, one hundred sixty (160) women were new intake admissions to the facility.

Of the two hundred (200) served, one hundred forty six (146) successfully completed their sentences and were subsequently released or paroled in to the community; forty

(40) were returned to the Dauphin County Prison for violating various rules and regulations of the program; and two (02) were returned to the Dauphin County Prison for medical reasons.

Eight (08) women failed to return to the Woodside Family Center following an approved community release activity, of which all eight (08) women were subsequently apprehended to face additional escape charges.

Forty (40) women and two (2) children remained in residence at the Woodside Family Center ending June 30, 2007.

Family Center Mothers and Children:

A unique program aspect of the Woodside Family Center continues to be enabling resident mothers to take responsibility for their pre-school age children and to preserve the family unit by allowing mothers to have their children reside with them while serving their time.

Six (06) pregnant inmates from the Dauphin County Prison were transferred to the Woodside Family Center and became employed. Fifteen (15) children ranging from new born to six (06) years of age resided with their mothers during their placement at the facility.

Resident mothers and children who resided in the Woodside Family Center participated in structured family activities beginning at dinnertime and continuing through bedtime. The development of the Family Nurturing Room provides specialized space for mother and child activities including arts and crafts, story time, playing games, and watching educational videos.

Since 1996, a cumulative total of one hundred sixty-five (165) children have resided with their resident mothers.

Capital Area Head Start continues to operate a Head Start classroom and on-site childcare services for pre-school age children of the residents at their new site located in Harrisburg, PA. The partnership continues and pre-school age children of the residents receive first priority to receive full day, full year programming and can be transported to their site and returned to the Woodside Family Center by a Capital Area Head Start bus or van.

Capital Area Head Start provides all Woodside Family Center residents with mandatory Parenting and Nurturing Training Program activities. Specific parenting training topics included: Breaking the Cycle of Poor Parenting Practices, Self Esteem, Stress Management, Abuse & Neglect, Child Development, Value of Play, Behavior Management, and Women's Health Issues. Evaluation feedback indicates that the parenting sessions are viewed positively by residents, because they eventually realize the need to change their parenting approach with their children.

Education/Employment Activities:

A total of fifty-three (53) clients participated in General Equivalency Diploma (GED) classes offered at *The PROGRAM's* Community Center, Woodside Family Center, PA Literacy Council, and The Spanish-American Center. Three (3) residents successfully obtained their General Equivalency Diploma (GED) and several residents continue to test. In addition, four (04) residents graduated from the Channels School of Culinary Arts; four (04) residents are enrolled at Harrisburg Area Community College (HACC) for paralegal/secretarial science courses; two (02) residents enrolled at Thompson Institute and Central Pennsylvania College and one (01) resident graduated from cosmetology studies in Lancaster.

Of the two hundred (200) admissions, twenty-five (25) women entered the facility with pre-existing employment. Job development and placement assistance by *The PROGRAM* secured two hundred fifteen (215) full and part time jobs in the following industries:

Customer Service/Telemarketing	Fast Food	Housekeeping/Custodial
General Labor	Retail	Food Service
Healthcare/Medical	Restaurant	Clerical/Office
Management		
Self Employed/Own Business		

Salaries ranged from \$2.83 per hour to \$20.00 per hour, with an average wage rate of \$8.03 per hour, which is above the Federal Minimum Wage rate of \$7.15 per hour.

TREATMENT AND DETENTION ALTERNATIVE PROGRAMS ANNUAL REPORT 2006-2007

*Joe Ann Dillard, Juvenile Case Manager
Coordinator/Projects Manager*

The PROGRAM provides two juvenile programs: Treatment Alternative Program (TAP) and Detention Alternative Program (DAP).

Treatment Alternative Program

The Treatment Alternative Program (TAP) is an Intensive In-Home Programming and Services for male and female juvenile offenders in need of supportive services. The services include counseling, vocational training, life skills, job search, and case management while under formal probation supervision in collaboration with Dauphin County Juvenile Probation.

TAP offers a community-based alternative to incarceration and placement services to adjudicated juvenile offenders on probation. This will enable them to receive individualized programming and services to ultimately assist them with their needs and goals relative to education, employment, and behavior modification.

Formerly known as Intensive In-Home Programming Services, TAP has been a community-based treatment (CBT) provider since November 1998 and continues its commitment of facing the challenge to assist juvenile probationers to come full circle with their adulthood and recognize the benefits of accountability and responsibility.

One of the objectives of this project is to provide community-based alternatives to incarceration and placement services to adjudicated juvenile offenders by providing them with unique individualized programming and services which will ultimately assist them with their needs and goals relative to education, employment, and behavior modification.

Curfew monitoring and home and school are important components of the project that were routinely conducted by the staff.

Most importantly, The PROGRAM fully endorses and applies the Balanced Approach to Restorative Justice (BARJ) principles through its provision of case management and programming activity services.

Juvenile probationers that participated in TAP:

	Number of Juvenile Probationers
Total referred to the project	19
Carryovers from prior fiscal year	6
Total served to the project	25
<ul style="list-style-type: none"> Formally accepted into the project 	19
<ul style="list-style-type: none"> Terminated for failure to adjust (FTA) following their probation and project conditions 	5

Clients received case management services and participated in the following programming activities:

- Counseling
- Employment (Skills and Search)
- GED (Skills and Search)
- HIV/AIDS Education
- Life Skills Workshops
- Parenting Skills and Education
- Tutoring (if needed)

Clients are responsible for fulfilling several obligations while on formal probation. One of their commitments is to participate in community service projects. The Case Manager assisted clients with their community service placement at some of the following agencies:

- ALTRUSA CLUB (Making Easter Egg Candy)
- Local Church
- Friendship Center
- YWCA
- Boys and Girls Club

Clients completed more than 125 hours of community service.

In addition, several clients paid toward or paid off their costs and fines while participating in the project.

The average length of stay in TAP was 63.3 days.

Juvenile Life Skills Sessions:

The juvenile probationers participated in numerous life skills sessions that are provided by various community volunteers and agencies and include, but are not limited to, the following topics:

- Anger Management

- Conflict Resolution Workshop
- Date Rape
- Drugs and Alcohol
- Field Trips
- HIV/AIDS Education / Prevention
- Sexually Transmitted Diseases (STI's)
- Social Skills

Demographics of Juvenile Participants

Juvenile Probationers	Number of Participants	Percentage of Participants
AGE		
10-12 years old	2	10%
13-15 years old	11	58%
16-18 years old	6	32%
RACE		
Afro-American / Black	16	84%
Caucasian / White	0	0%
Bi-Racial	0	0%
Hispanic	3	16%
GENDER		
Females	18	95%
Males	1	5%
CHILDREN		
Without Children	17	89%
With Children	2	11%
COMPLETED/FTA		
Successfully Completed	4	21%
Failure To Adjust (FTA)	5	26%
Current	10	53%

Places of Residence

City of Harrisburg	13	68%
Suburbs	5	26%
Steelton	1	6%

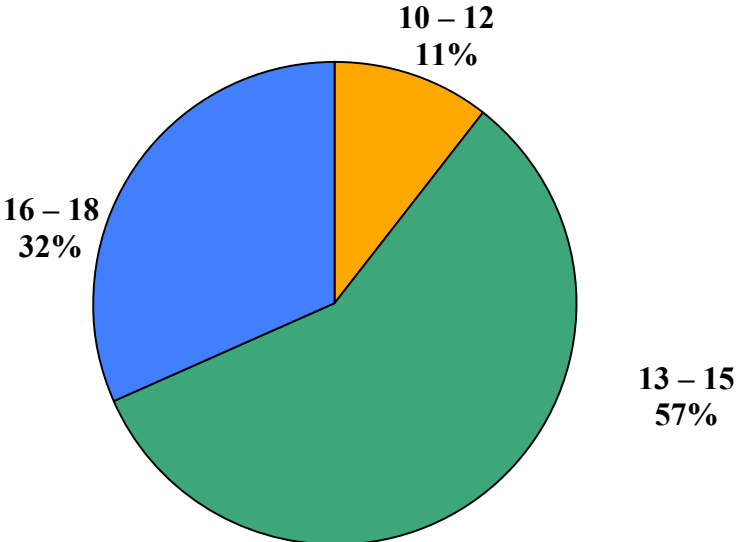
Offenses

The following is a statistical breakdown of offenses committed by juvenile participants:

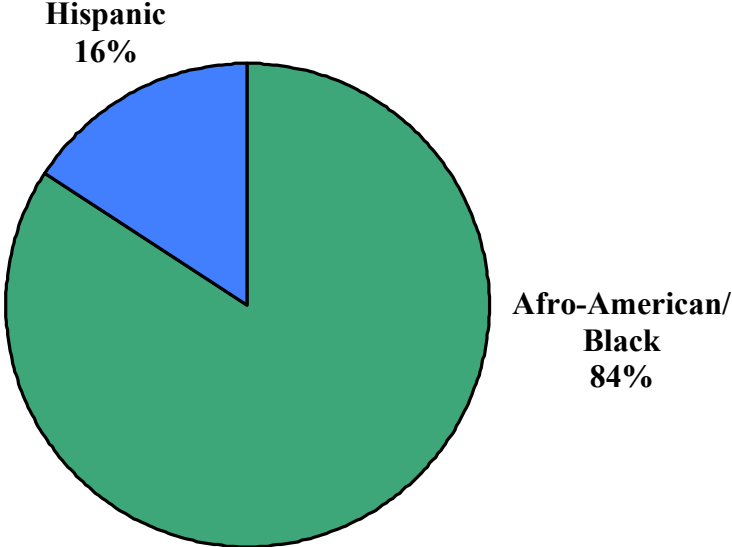
	Number Served
Juvenile Participants for annual year	19
Carryovers from prior fiscal year	6
Total served to the project	25
Offenses	Number of Offenses
Aggravated Assault	4
Capias	1
Criminal Conspiracy	2
Disorderly of Conduct	3
Possession of Marijuana	1
Possession of Small Amount of Marijuana	1
Possession with Intent to Deliver Marijuana	1
Robbery	1
Simple Assault	6
Terroristic Threats	2
Violation Probation	1
Total Offenses Committed	23

- Several juveniles committed more than one offense.

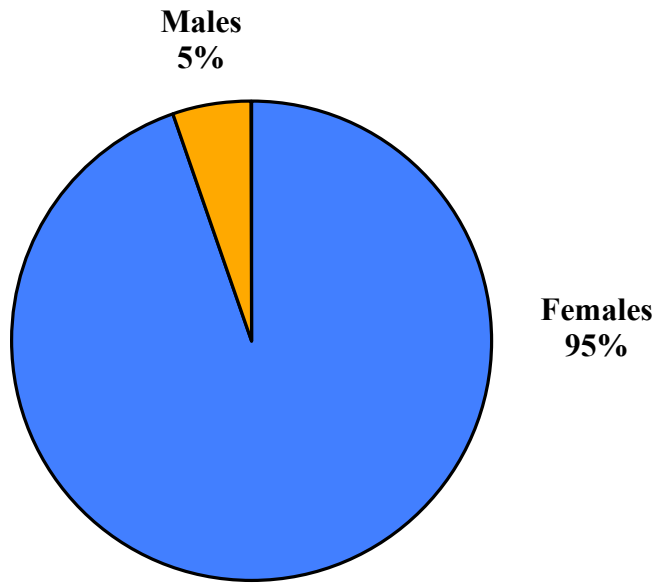
TAP – Age Group



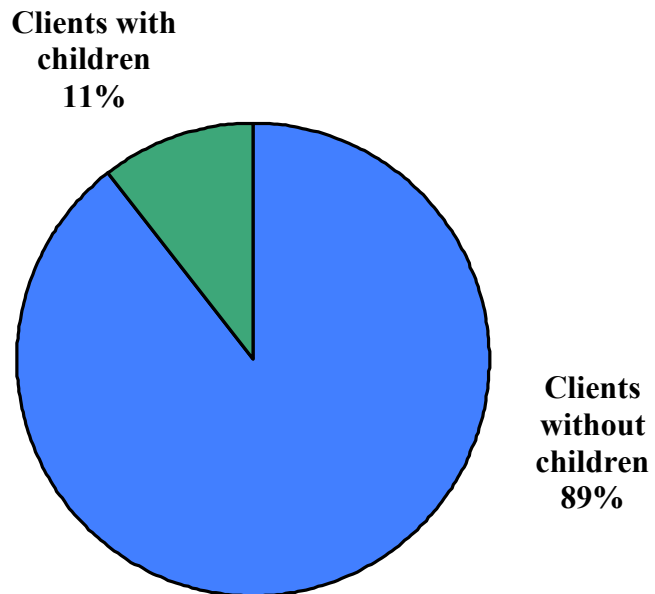
TAP – Race



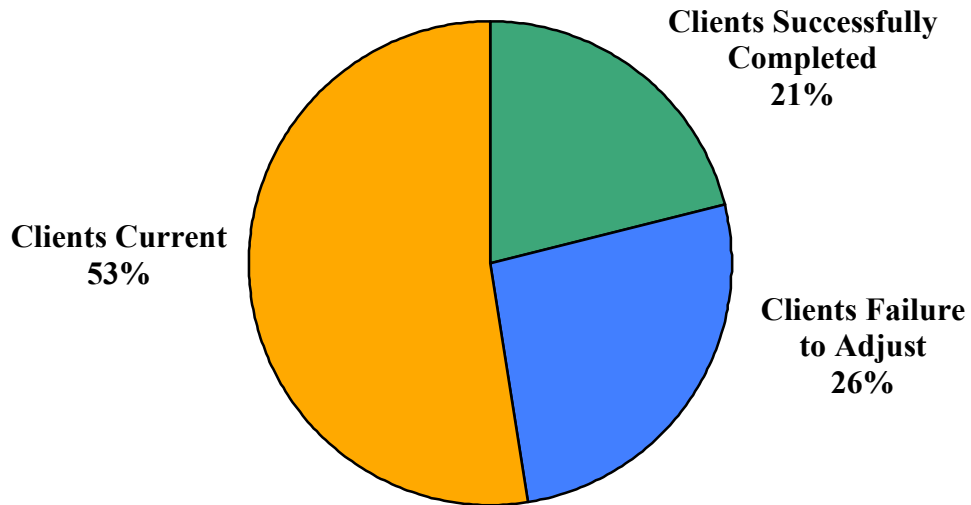
TAP – Gender



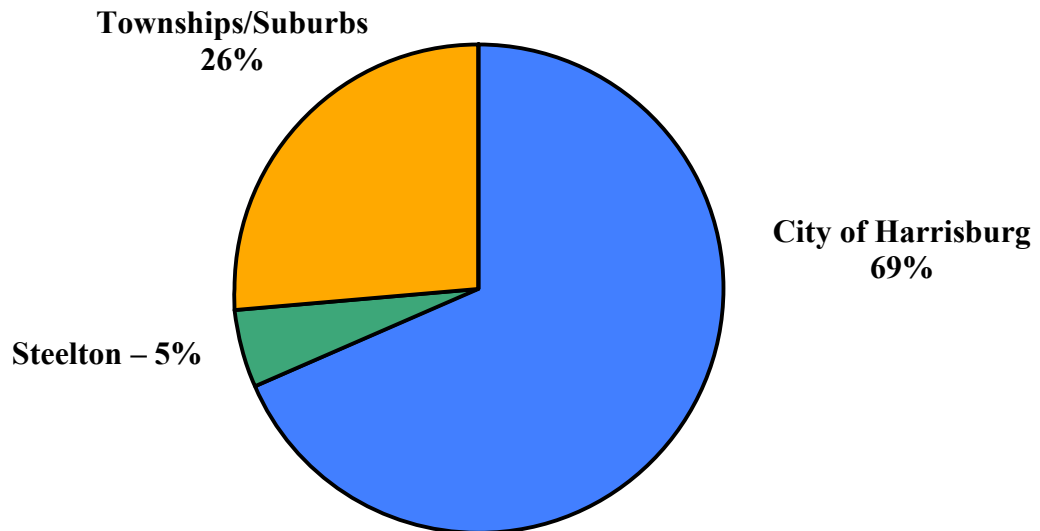
TAP – Clients/Children



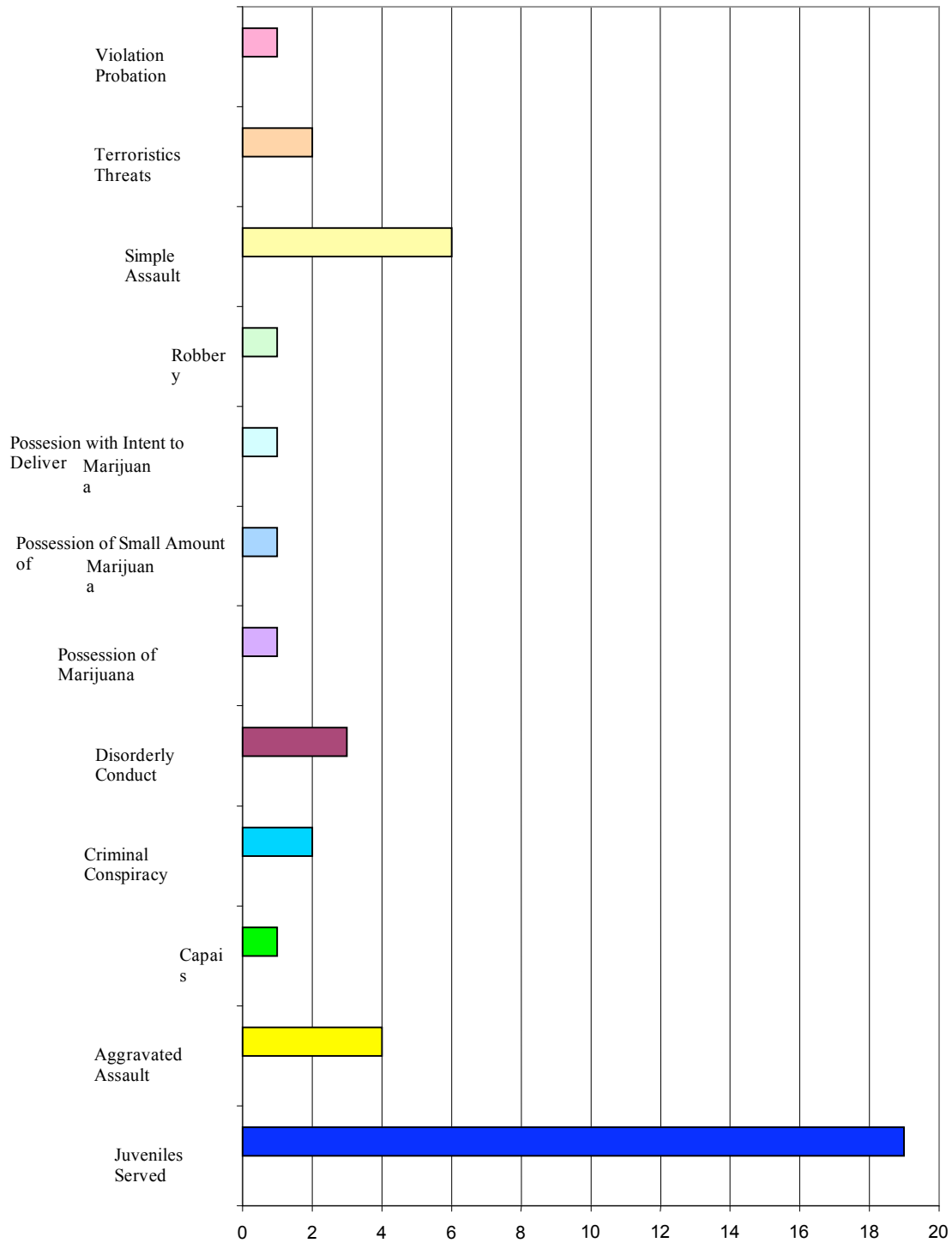
TAP – Clients Discharged/Failure



TAP – Places of Residence



TAP – Offenses Committed by Juvenile Project Participants



Detention Alternative Program

The Detention Alternative Program (**DAP**) provides extensive and multiple levels of services to both males and females with one-on-one case management, curfew checks, and home visits. One of the primary objectives is to provide a community-based alternative to incarceration for juvenile offenders who are facing formal court disposition for their involvement in delinquent offenses. DAP also assists the juveniles in refraining from committing new crimes while pending court, thus enabling them to remain in the community under supervision until disposition.

Juvenile probationers that participated in DAP:

	Number Served
Juvenile Participants for annual year	30
Carryovers from prior fiscal year	7
Total served to the project	37
• Formally accepted into the project	30
• Terminated for failure to adjust (FTA), for not following their probation and probation conditions	9

Clients received case management services within their homes and in the community in addition to participating in the following:

- **Counseling**
- **Daily Supervision**
- **Employment (Skills and Search)**
- **GED (Search)**
- **Home and School Visits**
- **Community Service**

The average length of stay in DAP was 40 days.

Demographics of Juvenile Participants

Juvenile Probationers	Number of Participants	Percentage of Participants
Age		
10-12	11	37%
13-15	12	40%
16-18	7	23%
Race		
Afro-American/Black	18	60%
Caucasian/White	1	3%
Bi-Racial	6	20%
Hispanic	5	17%
Gender		
Females	29	97%
Males	1	3%
Clients/Children		
Clients without Children	30	100%
Clients with Children	0	0%
Completed/FTA		
Clients Successfully Completed	11	37%
Failure to Adjust (FTA)	9	30%
Current	10	33%

Places of Residence

City of Harrisburg	19	64%
Middletown	1	3%
Steelton	3	10%
Suburbs	6	20%
Highspire	1	3%

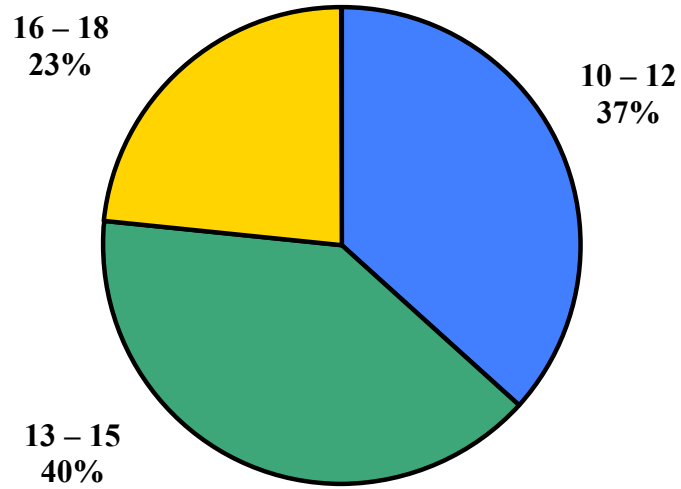
Offenses

The following is a statistical breakdown of offenses committed by juvenile participants:

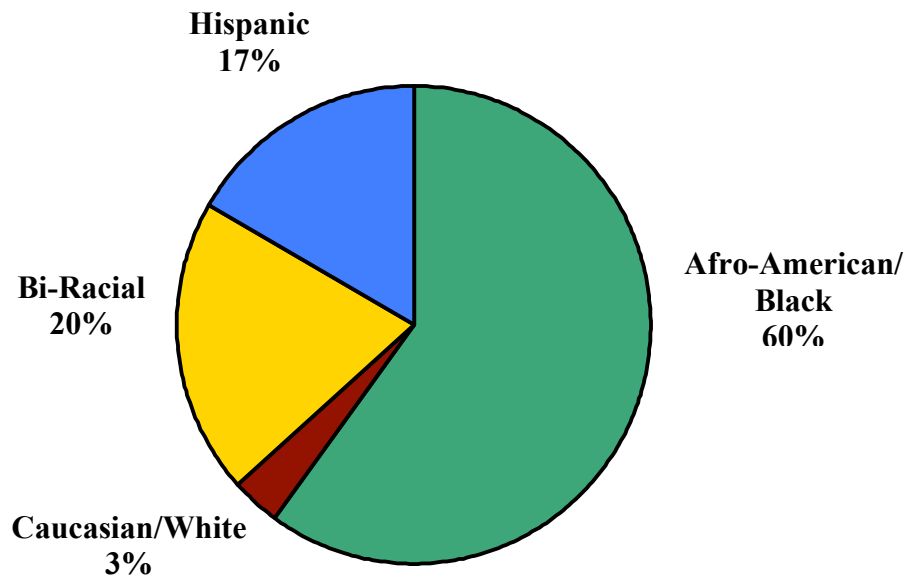
	Number Served
Juvenile Participants	30
Offenses	Number of Offenses
Access Device	1
Aggravated assault	6
Criminal Conspiracy	5
Criminal Trespass	2
Disorderly Conduct	7
Failure to Pay Fines and Costs	1
Fraud and Forgery	1
False Reports to Law Enforcement	1
Harassment	3
Obstructing Administration of Law or Other Law Enforcement	1
Possession of small Amount of Marijuana	2
Receiving Stolen Property	1
Retail Theft	2
Revocation	1
Robbery	1
Terroristic Threats	6
Theft	1
Theft by Unlawful Taking	1
Simple Assault	8
Violation of Probation	3
Total Offenses Committed	54

- Several juveniles committed more than one offense.

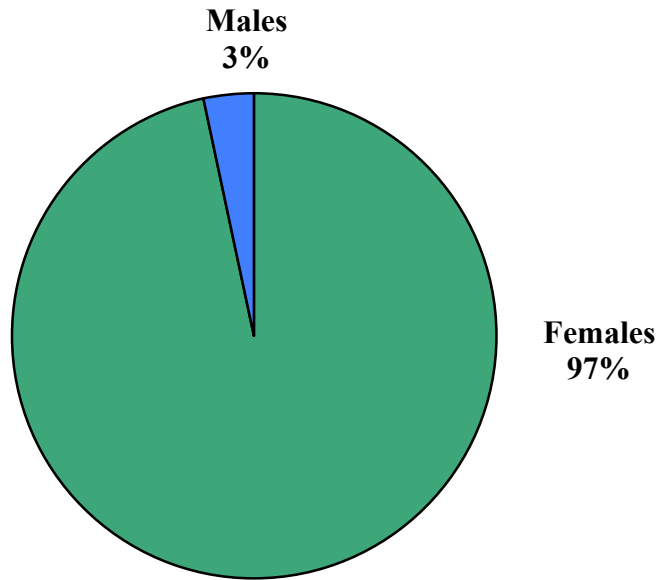
DAP – Age Group



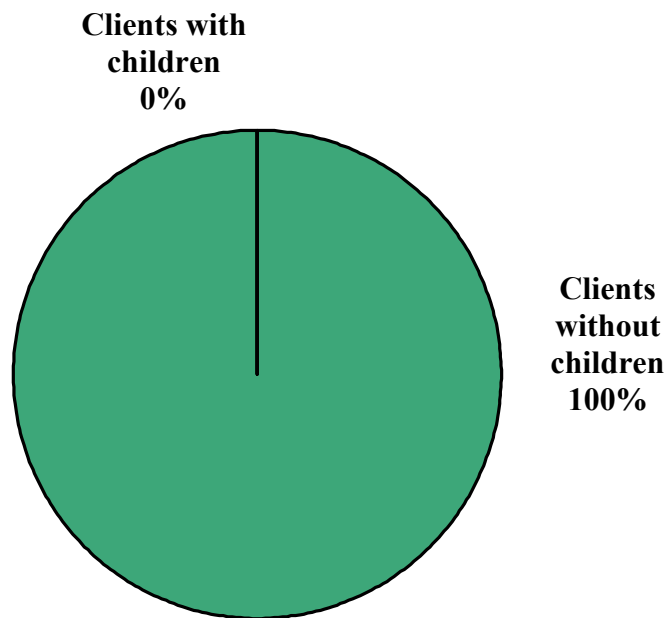
DAP – Race



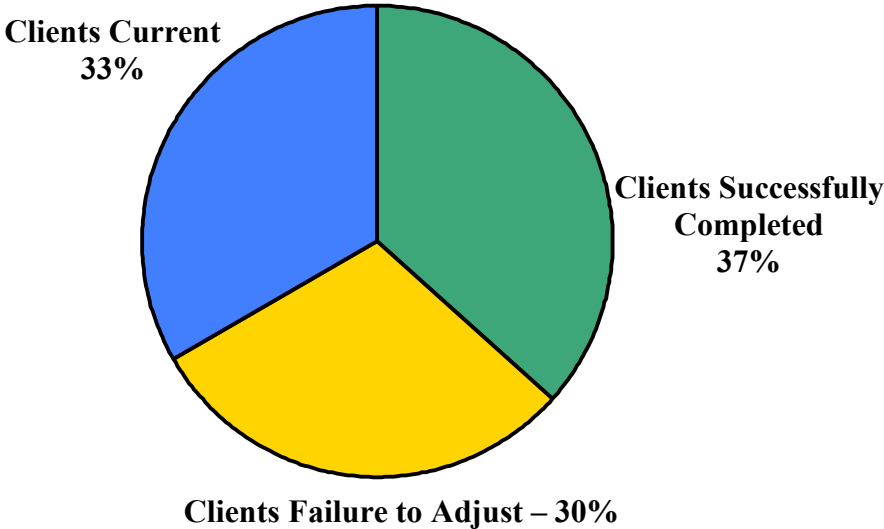
DAP – Gender



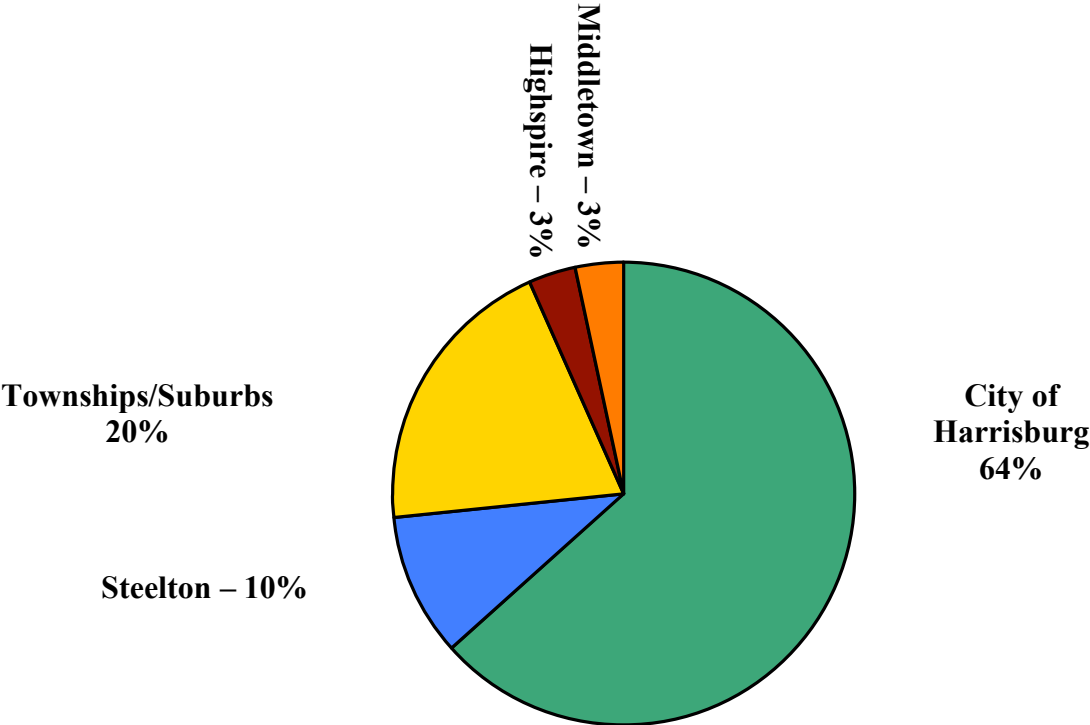
DAP – Clients/Children



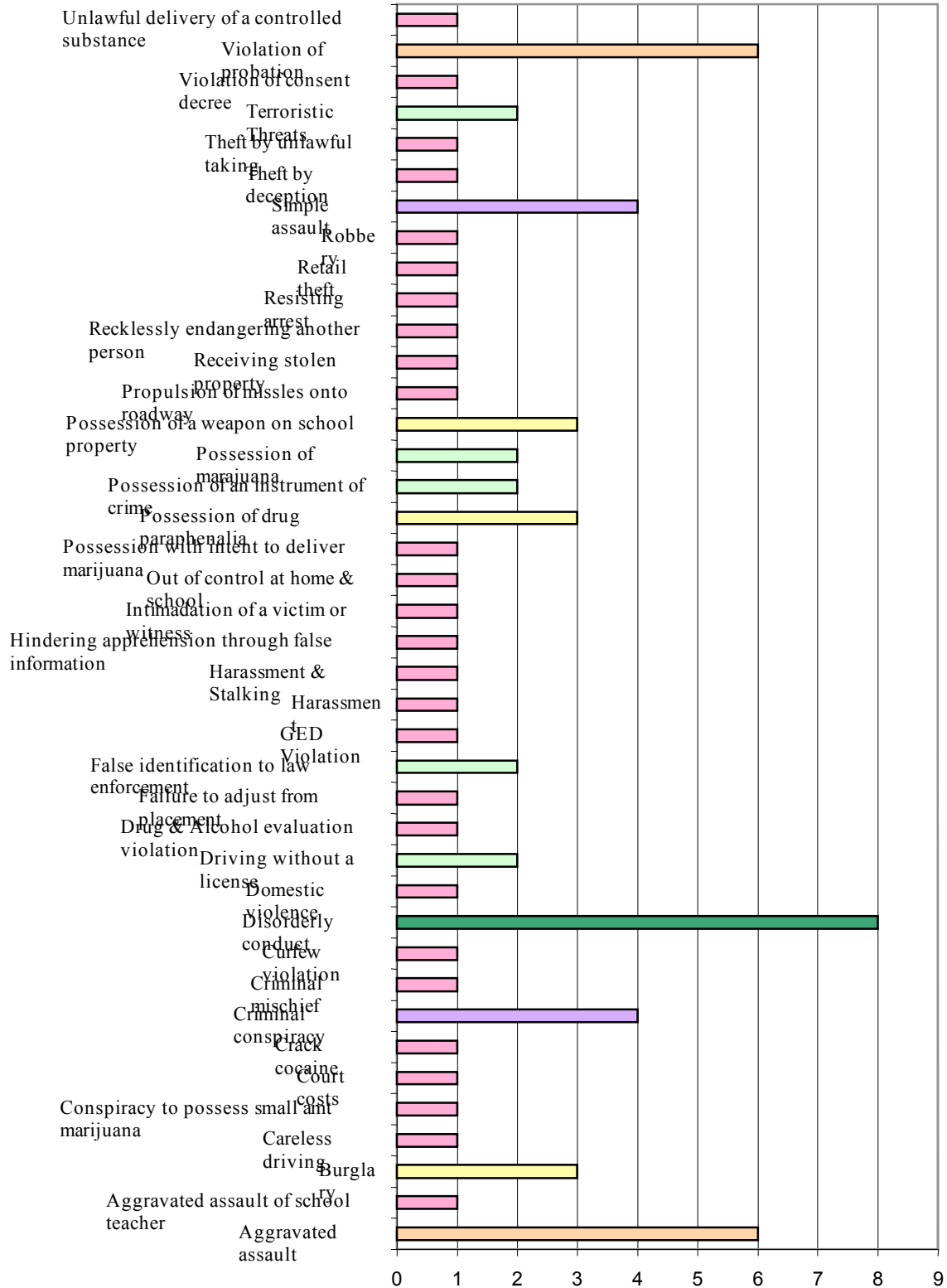
DAP – Clients Discharged/Failure



DAP – Places of Residence



DAP – Offenses Committed by Juvenile Project Participants



PROMISE PLACE TRANSITIONAL – LIVING FACILITY ANNUAL REPORT 2006-2007

*Tammy Johnson, Administrator
Dorothy Clemons, Residential Coordinator*

Promise Place Facility Description:

Promise Place is a twelve (12) bed transitional living facility for women returning to the community after release from prison and/or drug & alcohol treatment. Promise Place offers a safe environment for female ex-offenders and/or women in recovery. One of the agency's goals is to assist women who are homeless, in need of employment and are sincerely interested in re-uniting with their children and families.

In October 1997, The Program for Female Offenders, Inc. assumed responsibility of operating Promise Place with the intent of providing programming and services for women in need of structure and support during their transition back into the community.

Woman who are interested in recovery are eligible to apply for enrollment. The average length of participation is from six (06) months to one (01) year. Individuals who do apply are expected to participate at least six (06) months with the intentions of completing the program. There are five (05) phase levels that the client must attain before she is considered "Completed" or a "Graduate."

Each resident is required to maintain a full time job, attend N/A (Narcotics Anonymous) and or AA (Alcoholic's Anonymous) meetings, participate in community service, treatment and programming, remain drug/alcohol free, and ultimately desires to secure her own home or apartment upon release.

We work closely with both State & County Adult Parole and Probation. The facility provides the type of atmosphere that is very similar to one's home. Each client is responsible for purchasing and preparing her own meals. In cases where we have clients who are also mothers, we do provide programming that will assist these mothers and their children in the reunification process.

Promise Place provides a variety of services and programming that assist our clients in reaching their goal. The following is a list of services offered by The PROGRAM.

- Aftercare
- Bible Study (optional)
- Career Counseling
- Community Service Opportunities
- Employment Assistance
- GED Tutoring
- HIV/AIDS Education & Prevention
- Housing Placement Assistance

- Individual and Group Counseling
- Life Skills
- Referrals to Therapeutic Treatment Providers
- Spiritual Development Groups (optional)
- Support Groups
- Vocational Training and Referrals

Promise Place assists the residents in developing resources in the community that serve as Sponsors, spiritual friends, and even Mentors, to the individual residents.

These individuals who act as resources and assist with transportation, include the Promise Place residents in activities such as job interviews, medical visits, church functions, plays, musical events and shopping.

REFERRAL DATA:

Promise Place received seventy-three (75) referrals from women applicants in need of housing and programming from the following sources.

Number of inquiries and referrals from prisons:

Adams County Prison/Work Release	0
Berks County Prison	6
Cambria	1
Cambridge Springs SCI:	2
Center City Correctional Facility	1
Concept 90:	1
Conewago:	1
Cumberland County Prison:	4
Dauphin County Prison (PO referrals):	34
Eaglesville Rehabilitation Hospital:	1
Lancaster:	7
Lebanon County Prison	1
Muncy SCI:	12
Woodside Family Center:	4

Total: (75) Inquiries

Due to the fact that Promise Place operates on a “First come” “First served” basis, there are and have been situations when staff is contacted by a probation officer from one of the above mentioned counties with a request for a bed for their client.

This facility can only house twelve (12) women at one time. There are situations where women from one of the (SCI) State Correctional Institutions will refer an inmate to the facility but the woman’s green sheet (information from the Parole Board) is not ready or her “Home plan” (a form that contains an address where she can be released) has been denied.

NUMBER OF WOMEN SERVED FROM JULY 30, 2006-JUNE 30, 2007:

During 2006-2007 a total of thirty (30) women received services at Promise Place. The thirty (30) women who received services were referred from the following counties.

• Berks County Prison	02
• Concept 90	01
• Conewago	01
• Cumberland County Prison	03
• Dauphin County Prison	09
• Eaglesville Rehabilitation Hospital	01
• Lancaster County	03
• Lebanon County Prison	01
• Muncy SCI	02
• Walk Ins	04
• The Woodside Family Center (WFC)	03
Total:	(30)

<u>Referrals:</u>	<u>Number Served:</u>	<u>(Apprx) Average # of days:</u>
• Berks County Prison:	02	150 days (5 months)
• Concept 90	01	9 months
• Conewago	01	240 days (8 months)
• Cumberland County Prison	03	120 days (4 months)
• Dauphin County Prison	09	130 days (4 months)
• Eaglesville Rehabilitation Hospital	01	1 year (1 month)
• Lancaster County Prison	03	120 days (4 months)
• Lebanon County Prison	01	130 days (4 months)
• Muncy SCI	02	210 days (7 months)
• Walk Ins	04	120 days (4 months)
• The Woodside Family Center (WFC)	03	140 days (4.5 months)
Total:	(30)	

DEMOGRAPHICS: STATISTICAL INFORMATION

ETHNICITY OF RESIDENTS: (July 2006 – June 2007)

		<u>Number of participants</u>
African American		10
White		17
Hispanic		03
Native American		0
Asian		0
Bi-Racial		0
Other		0
Total:		30

CLIENT'S STATUS: (July 2006 – June 2007)

Currently Active	(by the end of June 2007)	<u>11</u>
Walk Away(s)		02
Return to Prison		01
Self-Discharge		05
FTA (Failure to Adjust)		06
Completed		13
Secured Housing	(subsidized or not)	11
Client Ages:	20-25	03
	25-30	0
	30-35	06
	35-40	09
	40-45	07
	45-50	04
	50-55	01
Total:		30

PERCENTAGES OF THE CLIENTS WHO RECEIVED SERVICES:

- Twenty-five (25) out of the original thirty (30) participants or 83% maintained full time employment
- Out of the twelve (12) who completed, all twelve (12) or 100% secured housing.

- **Twelve (12) out of the thirty (30) who remained, or 40% successfully completed the program and were released with Certificates of Completion:**
- **Four (04) out of the original thirty (30) who remained until June 2007 are currently active**
- **Two (02) out of thirty (30) or 19% entered Walk Away status**
- **Six (06) Self-Discharged” themselves from the program for various reasons**
- **Six (06) or 20% of were discharged from the program for Failing to Adjust (FTA)**
- **One (01) or 3% (of the original 30) returned to prison**

EMPLOYMENTACTIVITIES:

Of the thirty (30) women who received services while residing at Promise Place, twenty-six (26) residents or 86% were placed into employment through job development and job placement assistance provided by The PROGRAM between July 1, 2006 and June 30, 2007.

Employers:

American Gas	Arnold Logistics
Gardenia	One Source/Airport
Support Solutions	Drexel
Burger King	Footlocker
Best Western	Suzuki
Taco Bell	Bosco’s
Dodge City	7-11 Covenience store
ROSS’	Wyngate Hotel
Footlocker	Detailing Shop
Zia’s	CDS Management
Firehouse	Lonestar
QPSI	Preferred Staffing
Support Solutions/Playtex Subway	McDonald’s
Convenco	Dunkin Donuts
Manpower	Rickett’s
Abacus	Arby’s
Applebees’	LaQuinta

AVERAGE WAGES:

The minimum and maximum wage rate of the thirty (30) employed residents was \$2.83 + tips (for waitresses) to \$11.50 per hour.

LIFE SKILLS AND EDUCATIONAL ACTIVITIES:

Mondays	Reclaim the Streets (Bible Study)
Tuesday	Staff's choice
Wednesday	HIV//AIDS or NA group
Thursday	Messiah College girls – during the Fall months Spiritual group – during the Summer months
Friday	Free Choice/In House NA meeting
Saturday	Details; family visits; free time; leisure
Sunday	Church/visits from families/NA meetings

GED/Tutoring:

Seven (07)	Michelle Taylor	Ivette Matos (posthumous)
	Geraldine Stump	Terry McCauley
	Robin Summers	Nymia Colon
	Beatrice Moore	

Programming Activities:

NA (Narcotics Anonymous) One thousand two hundred eighty-three hours (1,283)
AA (Alcoholics Anonymous) Eight hundred twenty-eight (828)

COMMUNITY ACTIVITIES:

Community Service Sites:

- The PROGRAM for Female Offenders, Inc.
- The Lion's Club
- Promise Place
- The Boys and Girls' Club
- New Hope Baptist Church
- Harris AME Church
- Dauphin County Library
- Pinnacle Health Center
- Colorful Futures Daycare
- Camp Curtin Methodist Church
- Ms. Elizabeth Williams (clean out her house)
- Soup Kitchen

Community Service Hours:

In House:

- Six hundred eighty (680) hours

Community:

- Six hundred ninety (691) hours

STAFF ACTIVITIES:

Number of Counseling hours: Staff w/client	300
Number of Treatment Hours:	
○ The Naaman Center	08
○ MH/MR	65.5
○ TASK	17
○ Gaudenzia	62
○ Aids Community Alliance	5
○ Case Management Unit	14

AFTER CARE INITIATIVE:

The AfterCare Phase is a six (06) month period where one (01) weekly phone check is made to the client and one (01) monthly on site house visit is done to follow the client's status regarding payment of rent and utilities, status with Probation and Parole, attendance to meetings and appointments and the overall welfare of the client.

CHILDREN'S PROGRAMMING -- SATURDAY SESSIONS: MOTHERS AND CHILDREN LEARNING TOGETHER ANNUAL REPORT 2006-2007

Tammy Johnson, Program Director

During the fiscal year of 2006-2007 The PROGRAM for Female Offenders, Inc. operated a Children's Program that provided a variety of services for children. The objective for the program was to assist children and their parents in developing personal insight, knowledge and skills to effect positive change in children at risk.

The ultimate goal of the project is to deter intergenerational crime. Programming toward that goal provides for the emotional needs of these children to be with their mothers. The long term result of this project is the positive impact on the Psycho-social development of these at risk-children. **Saturday Sessions** provides remediation, tutoring, and cultural enhancement for the children. The mother also gains from this project because her participation gives her the opportunity to see how important she is to her child. She helps her child learn (*while she is learning*). Female offenders have great difficulty accessing community resources and arranging services for themselves and their families. The educational system presents its own set of problems for these families. Too often the children of offenders have academic, behavioral, developmental and/or emotional problems acted out in a classroom environment.

Saturday Sessions was developed to create an atmosphere where mothers who are involved with The PROGRAM for Female Offenders, can come and learn positive interaction with their children under the guidance and supervision of staff and volunteers. The families are encouraged to participate in six (06) sessions that consist of programming targeted to assist those mothers in developing resources within the community as well as becoming more actively involved in their child's education.

The PROGRAM serves as a support for women who become clients of the agency who have access to their children ages birth to eighteen (18). All curriculum and activities are developed and planned by staff with constant input from the parents. By allowing parents to choose an activity that meets the requirements of The PROGRAM, we are enabling these women to develop their own resources and learn about cultural opportunities in the local area.

Program History:

Saturday Sessions began in the Harrisburg area in 1996 and operates one Saturday a month except on Holidays. The "Mandatory Six" has been designed to empower mothers to develop resources within the community. Mothers and children receive a certificate of recognition upon completion of the program.

Program Objective:

To encourage mothers who are offenders to become more involved in their child's education by gaining an understanding of the importance having an education; for mothers to become positive advocates for their children; and to assist in the process of mothers re-bonding with their children by providing the families with positive role models.

Program Curriculum:

MANDATORY SIX

Outline of the Six Sessions

Session I: Community Center:

Time: 10:00am-1:00pm

Initial intake with Ms. Johnson; orientation of the Saturday Sessions Program; basic assessment of the mother and her interaction with her child(ren); discover what mother's goals are for herself and her family; parents and children will make a book from construction paper add pages and create a story about the activities they have participated in thus far. Parents and children are encouraged to draw pictures. If needed, the Children's Programming Director will provide materials. Mothers and children are encouraged to decorate and write as much as possible, books and journals will be shared in session VI at the graduation ceremony.

Session II: Cultural/Educational activity:

Time: 2-4 hours

Prior to this session, clients will be provided with a list of cultural/educational activities that are taking place here in the city. Clients will be required to indicate on their pass, as well as budget prior to going that this is a Saturday Session activity. Clients will be required to complete an essay or even given an activity sheet in which to fill out as a family. The goal of this session is for mother and child to be exposed to cultural/educational activities that will increase their resources as well as provide opportunities for bonding and gaining the understanding that learning something new can be fun.

Session III: School Visit/volunteer in classroom:

Time: 2-4 hours

In this session clients will be asked to schedule a visit to their child's school to observe and volunteer if needed. This need not be an all day activity. The goal of this session is to get mother to become more acquainted with her child's teacher to familiarize herself with school policies and become more involved in her child's education. If mother has more than one child – only one visit for child is necessary.

**This activity must be scheduled during the week and in the morning. Scheduling in the afternoon does not give mother enough time in the classroom before school is dismissed signaling the end of the day. This day must be scheduled in advance with the teacher and school faculty and should be approved by a Counselor so that the client may schedule accordingly with their employer instead of waiting until the last minute.*

Session IV: Library :

Time: 2-4 hours

In this session clients and their children are to visit a local library, get a library card (library card must be shown to staff - WFC/PP), learn library etiquette and have a story time. The goal of this program is for mothers and children to engage in a story time, learn how to reference material and use the computers to look up information and become familiar with some of the programs and activities that the library provides for parents and children.

Session V: Free Choice Activity:

Time: 2-4 hours

This is a free choice activity! Up to the parent's discretion and must be indicated on their pass. For example; a trip to the arcade, bowling, skating, etc...

Session VI: Graduation and Field Trip:

**Within twelve weeks
of enrollment in the
program**

Parents and children who have completed the other five sessions will receive a certificate of recognition and the family will be taken on a family outing. Clients are asked to budget what monies they might need for this activity.

****Scrap booking is still very popular, so we have continued the idea. Staff has been encouraging mothers to collect pictures of their children and the various activities that the families participate in whenever completing a session.***

Programming Highlights:

July 2006 - October 2006

Mandatory Six Requirements for mothers

September 2006 – December 2006

Recruitment of new parents and children

- Back to school
- Toy drive 2005
- Distribute toys to needy families

January 2007 – April 2007

- Family Journals
- Family Scrapbooks

May 2007 – June 2007

- Focus on developing community resources

Client Demographic Information:

Year 2006-2007

Total Unduplicated Clients Served

89

Client Characteristics:

Mothers: Woodside:
Community Center:
Promise Place:

19
03
07

Total: 29

Children's Gender:

Male
Female

33
27

Total: 60

Ethnic Background: Mothers:

White 12
African-American 13
Hispanic 4
Asian 0
Other 0

Total: 29

Ethnic Background: Children:

White 9
African-American 28
Hispanic 8
Asian 0
Bi-Racial 15

Total: 60

Household Income:

(a) Less than \$15, 000
(b) \$15,000 to \$25,000
(c) Greater than \$25,000

Out of 29 families:

25
4
0

Total: 29

Age of Client:

0 – 6
7 – 11
12 – 17
18 – 64
65 +

30
20
10
29 (mothers)
0

Total: 89

Residence of Clients:

Cumberland County
Dauphin County

0
89

The PROGRAM -- "It's About Change"
Statement of Financial Position
Fiscal year July, 2006 thru June, 2007

Assets:		
Cash & Cash Equivalents	\$	79,460
Accounts Receivable		4,280
Grants Receivable		89,514
Prepaid Expenses		5,272
Security Deposit -- Promise Place		900
Fixed Assets (Net)		170,661
Endowment Fund		15,113
Total Assets	\$	<u>365,200</u>
 Liabilities:		
Accounts Payable	\$	38,399
Resident Funds		46,201
Accrued Vacation		50,884
Accrued Payroll		777
Payroll Taxes Payable		7,951
Notes Payable		49,541
Capital Lease Obligation		6,961
Mortgage Payable		102,128
Total Liabilities	\$	<u>302,842</u>
 Net Assets:		
Unrestricted -- Board		
Designated	\$	15,113
Unrestricted -- Undesignated		47,040
Temporarily Restricted		205
Total Net Assets	\$	<u>62,358</u>
Total Liabilities and Net Assets	\$	<u>365,200</u>

The PROGRAM – "It's About Change" annual audit performed by Hamilton & Musser, P.C., Certified Public Accountants, 176 Cumberland Parkway, Mechanicsburg, PA 17055.